



# Main Pool Winter 2017 January 2 - February 25th

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	5:00-11:00 Lap Swim (all lanes)	5:00-11:00 Lap Swim 5+ lanes	5:00-9:00 Lap Swim (6+ lanes)	5:00-9:00 Lap Swim 5+ lanes	5:00-11:00 Lap Swim (all lanes)	7:00-9:00 Lap Swim 4+ Lanes available	
8am		7-7:45am Splash and Dash lanes 1-3	Adult lessons 8-8:45am (swim basics) lanes 7 & 8	7-7:45am Splash and Dash lanes 1-3		7:30-8:30am Masters Swim (Lns 5-8)	Pool opens at 9:15AM
9am		Deep Water Aerobics(1-3) 9:00-9:45am	Deep Water Aerobics 9:00-9:45am (Ann)	Deep Water Aerobics 9:00-9:45am (Ann)		8:30a-10:30p Swim Lessons lanes 6,7&8	Lap Swim 4+ Lanes 9:15am- 12:30pm
10am		Woolwich School 9-9:45am Lanes(7-8)	9:00-11:00am Lap Swim 4+ Lanes	9:00-11:00am Lap Swim 4+ Lanes		8:30-12:30pm Lap swim lanes 3,4,5 or more	9:15- 12:30am Open Swim (2 lanes)
11am	11:00-12:00 Aqua Exercise (Pat) lanes 1-3	Lisbon Schools 9:45-10:45am lanes 6,7,8	11:00-12:00 Aqua Exercise (Pat) lanes 1-3		11:00-12:00 Aqua Exercise (Pat) lanes 1-3		Pool rental 12:30-1:30pm (call for avail.)
	11:00-12PM Lap Swim Lanes 5-8	11:00-12PM Lap Swim Lanes 3-8	11:00-12PM Lap Swim Lanes 5-8	11:00-12PM Lap Swim Lanes 3-8	11:00-12PM Lap Swim Lanes 5-8	10:30-12:30pm Open Swim lanes 1 & 2	Open/lap Swim 1:30-2:30pm
12n	12N-3pm Open Swim lanes 1-2	FM 3rd grade 1230-1:15pm Lanes 1-2	FM 3rd grade 1230-1:15pm Lanes 1-2	12N-3pm Open Swim lanes 1-2	12N-3pm Open Swim lanes 1-2	Pool rental 12:30-1:30pm (call for avail.)	
1pm	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	Open Swim lanes 1 & 2 1:30-4:30pm	Pool closes at 2:30pm
2pm							
3pm	LRSC 3:00-5:15pm	LRSC 3:00-7:00pm	LRSC 3:00-5:15pm	LRSC 3:00-7:00pm	LRSC 3:00-5:15pm	Pool closes at 4:30pm	
4pm	LRSC	LRSC	LRSC/ Youth Lesson 4:30-5:15pm	LRSC	LRSC	<div style="border: 2px solid black; padding: 5px;"> <p>Showers are mandatory before entering the pool. Please read all posted rules and swim test policies.</p> </div>	
5pm	5:15-7:00PM Lap Swim 5+ lanes	LRSC	5:15-6:00pm Lap Swim lanes 1-6	LRSC	5:15-7:00PM Lap Swim 6+ lanes		
	6:00- 7:00pm open swim lanes 1 and 2	LRSC	Special Olympics 515-6p	LRSC	5:15- 7:00pm open swim lanes 1 and 2		
6pm	5:15-6:00pm Adult lessons Swim strokes lanes 6,7&8	LRSC	LRSC 6pm-7pm	LRSC			
8pm	Morse High School 7:00-8:00pm	Morse High School 7:00-8:00pm	Morse High School 7:00-8:00pm	Morse High School 7:00-8:00pm	Morse High School 7:00-8:00pm		



Interested in swim lessons? Ask us about our Winter swim lesson sessions!  
sean@bathymca.org OR areiley@bathymca.org

\*Please note that our HOT TUB is drained and cleaned every Tuesday at 1pm and remains closed until approximately 4pm.  
Updated Pool Schedule as of : 12/16/17