



**Swim FASTER Now!
Stroke Technique Swim Clinic for Youth (8+)**

with Hall of Fame Swimmer Karlyn Pipes - Author of The Do-Over

Monday, May 16th from 5:00-7:30 PM at Bath Area Family YMCA

FREE inspirational talk immediately following 8pm-9pm!

Hey Kids...how would you like to:

- **Swim FASTER...right NOW?**
- **Learn how to swim like an Olympian?**
- **Get faster turns and know how to race better!**

Using FUN and easy to understand drills and techniques, Karlyn will teach you how to become a faster, more efficient swimmer.

Location/address: Bath Area Family YMCA, 303 Centre St., Bath ME 04530 (207) 443-4112

About Karlyn: Inducted into the International Swimming Hall of Fame Class of 2015, Karlyn travels the WORLD teaching kids and adults how to SWIM FASTER with less effort. You will feel and see improvements right away! For articles on technique & to watch YouTube videos of Karlyn visit <http://aquaticedge.org/>

Cost is \$95 & space is limited. Register at front desk or hand deliver form and payment to Sean Vaillancourt. For clinic questions or space availability, call (207) 443-4112 or email sean@bathymca.org

Pre-order Karlyn's book **The Do-Over for \$15 (save \$5) and her Go Swim DVD for \$30 (save \$10)**

or purchase autographed copies at clinic. For questions contact Karlyn aquaticedge@hawaii.rr.com ☞-----

Aquatic Edge Swim Technique Clinic for Kids @ Bath Area Family YMCA Mon. May 16, 5:00-7:30pm

First Name _____ Last _____

Address _____ City _____ State _____ Zip _____

Phone: () _____ Email _____

Emergency contact info: _____

Age: _____ (Must be age 8 or older) Level of swimming: beginner intermediate advanced

Please identify one goal for the clinic: _____

Cost: \$95 Pre-order Karlyn's book add \$15 (save \$5) and/or DVD add \$30 (save \$10). Total: \$_____