



# Main Pool Spring 2018

## April 23 - June 24

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	5:00-11:00 Lap Swim (all lanes)	5:00-11:00 Lap Swim 3+ lanes	5:00-9:00 Lap Swim (all lanes)	5:00-9:00 Lap Swim 5+ lanes	5:00-9:00 Lap Swim (all lanes)	7:00-9:00 Lap Swim 4+ Lanes	
8am		7-7:45am Splash and Dash lanes 1-3		7-7:45am Splash and Dash lanes 1-3		7:30-8:30am Masters Swim (Lns 5-8)	Pool opens at 9:15AM
9am		Deep Water Aerobics 9:00-9:45am (Ann)	Deep Water Aerobics 9:00-9:45am (Ann)	Deep Water Aerobics 9:00-9:45am (Ann)	West Bath 9:00-9:50am Lanes 7-8 <b>ends 6/1</b>	9:15a-11:00a Swim Lessons lanes 7&8	Lap Swim 6 Lanes 9:15-10am
10am		Woolwich 9:00-9:45am Lanes (7-8) <b>ends 5/1</b>	9:00-11:00am Lap Swim 4+ Lanes	9:00-11:00am Lap Swim 4+ Lanes	9:00-11:00am Lap Swim 4+ Lanes	9:00-12:00pm Lap swim 4+ lanes	9:15-10:00am Open Swim (2 lanes)
11am	11-12:00 Aqua Ex. (Pat) lanes 1-3	Lisbon Schools 9:45-10:45a lanes 6,7,8 <b>ends 5/1</b>	11:00-12:00 Aqua Ex. (Pat) lanes 1-3		11:00-12:00 Aqua Ex. (Pat) lanes 1-3	H2O Outfitters kayak class 12:00-2:30pm lanes 5-8	H2O Outfitters kayak class 10:00a- 12:30p lanes 5-8
	11:00-12PM Lap Swim Lanes 5-8	11:00-12PM Lap Swim Lanes 3-8	11:00-12PM Lap Swim Lanes 5-8	11:00-12PM Lap Swim Lanes 3-8	11:00-12PM Lap Swim Lanes 5-8	10:30-12:00pm Open Swim lanes 1 & 2	Pool rental 10:30-11:30p call for avail.
12n	12N-3pm Open Swim lanes 1-2	FM 3rd grade 1230-1:15pm Lanes 1-2 <b>ends 5/29</b>	12N-3pm Open Swim lanes 1 & 2	Phippsburg 3rd grade 12:30-1:15pm Lanes 1-2 <b>ends 6/7</b>	12N-3pm Open Swim lanes 1 & 2	Pool rental 12:30-1:30pm (call for avail.)	Lap Swim Lanes 1-4 10:00-12:30pm (if no rental)
1pm	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-3pm Lap swim lanes 3-8	12-2:30pm Lap swim lanes 1-4	Pool closes at 12:30pm
2pm		Open Swim lanes 1 & 2 1:30-3:00pm		Open Swim lanes 1 & 2 1:30-3:00		Pool closes at 2:30pm	
3pm	LRSC 3:00-5:15pm	LRSC 3:00-5:15pm	LRSC 3:00-6:00pm	LRSC 3:00-5:15pm	LRSC 3:00-5:15pm		
4pm	LRSC	LRSC	LRSC	LRSC	LRSC		
5pm	5:15-8:00PM Lap Swim 5+ lanes	LRSC	5:30-6:00pm Snaildarter Pre Team lanes 5-8	LRSC	5:15-8:00PM Lap Swim 6 lanes		
	5:15- 8:00pm open swim lanes 1 and 2	5:15- 6:00pm Lap Swim	5:15-6:00pm Lap Swim lanes 1-4	Lessons (7&8) 5:15-6:00pm Lap Swim 1-6	5:15- 8:00pm open swim lanes 1 and 2		
6pm		LRSC 6:00-7:00pm	LRSC 6:00-7:00pm	LRSC 6:00-7:00pm			
8pm		7:00-8:00pm Lap Swim lanes 3-8	7:00-8:00pm Lap Swim lanes 3-8	7:00-8:00pm Lap Swim lanes 3-8			

**NEW  
Kayak  
Class!!!!  
with H2O  
Outfitters  
Following  
Dates:  
April 28/29  
May 19/20**

**LRSC Summer  
swim team will  
run  
April 23 - July 24,**

Interested in swim lessons? Ask us about our Summer Swim Programs!!!! We have swim camps, swim lessons and swim team!!!! fmi: [andrea@bathymca.org](mailto:andrea@bathymca.org) OR [emily@bathymca.org](mailto:emily@bathymca.org)  
\*Please note that our HOT TUB is drained and cleaned every Tuesday at 1pm and remains closed until approximately 4pm.  
Updated Pool Schedule as of : 4/12/18