



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall I/T Pool Schedule 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	5:00-8AM Adult Swim	5:00-9AM Adult Swim	5:00-9AM Adult Swim	5:00-9AM Adult Swim	5:00-8:15AM Adult Swim		
8am	8:00-9:00a Aqua Yoga (Elle)		9-9:30am parent/child lessons		8:15-9:00 Strength and Balance	7:00-8:00AM Adult Swim	
9am			10-10:30am Enrichment starts 9/12	9:00-9:45 Little Land starts 9/13	9:00-10am Open Swim	8:00-10:05a preschool lessons	9:15-10:00am Open Swim
10am	9:00-10am open swim	9:45-10:45 Lisbon School	10:30-11am Enrichment starts 9/12	9:45-10:30 Little Schoolhouse starts 9/13	10-10:45 Little Schoolhouse starts 9/14		10:00-10:30am Adult swim
11am	10:00-12:00N Adult Swim	10:45-11:30am Yarthritis (Kathy)	11-11:30am Enrichment starts 9/12	10:45-11:30am Yarthritis (Kathy)		10:10-12N Parent and Child Lessons	10:30-11:30a Pool Rental (call for avail.)
12pm		11:30-12:15pm Yarthritis (McKenna)	11:30-12:30PM Adult Swim	11:30-12:15pm Yarthritis (McKenna)	11am-1pm Adult Swim		11:30a-12:30p Open Swim
1pm	12N-2 Open swim	12:15-1:00pm Open Swim	12:30-2:00PM Open Swim	12:15-1:00pm Open Swim		12-12:30pm Adult Swim	
2pm		1-3:30pm GBPT	Midcoast Hospital 2pm-3:30pm	1-3:30pm GBPT	1:00-4pm Open Swim	12:30-1:30pm Rental	
3pm	Midcoast Hospital 2pm-3:30pm	3:30-4:30pm Open Swim	3:30-4:30pm Open Swim	3:30-4:30pm Open Swim		1:30-2:30pm Open Swim	
4pm	3:30-5:15pm open swim	4:30-5:15p Phippsburg Rec	4:30-5:15pm School Age Lessons	4:30-5:15p Preschool Lessons	Y-Care Swim 4-4:45pm	<div style="border: 1px solid black; padding: 5px; text-align: center;"> LRSC swim season begins 9/24 </div>	
5pm	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim		
6pm	6:15-7:15 Open Swim	6:15-7:15 Open Swim	6:15-7:15 Open Swim	6:15-7:00 Open Swim	6:15-7:15 Open Swim	<div style="border: 1px solid black; padding: 5px; text-align: center;"> The Hot tub is drained and cleaned every Tuesday from 1pm until approximately 4pm. Thank you for your understanding! </div>	
7pm	7:15-8:30p adult swim	7:15-8:30p adult swim	7:15-8:30p adult swim	7-7:45PM H2O Aerobics (Kim)	7:15-8:30p adult swim		

Updated schedule
as of 8/23/2018

Please Shower before entering the pool
and read through our pool rules, and
swim test policies before entering the
pool

Schedule is subject to
change, go to
www.bathymca.org for
the most up to date
changes and
cancellations