



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Main Pool Early Spring 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	5:00-9:00 Adult Lap Swim (all lanes)	5:00-9:00 Adult Lap Swim	5:00-9:00 Adult Lap Swim (all lanes)	5:00-9:00 Adult Lap Swim	5:00-9:00 Adult Lap Swim (all lanes)	7:15-9:00 Adult Lap	
7am	Some lanes are available M-F 5am-2pm It Varies w/programming	7-7:45am Splash and Dash (Russ) lanes 1-3		7-7:45am Splash and Dash (Russ) lanes 1-3		7:15-8:30 Masters Swim (Lns 5-8)	Pool opens at 9:15AM
9am		Lisbon Schools 9:45-10:45am lanes 6,7,8		9:30-10am PreSchool lanes 1,2	Morse High School 9-9:30am	8:45-11:00am Lesson Program	Adult Lap 6 Lanes 9:15-2:00pm
10am		Deep Water (Elise) 10-10:45am lanes 1-3	Deep Water (Elise) 10-10:45am lanes 1-3	Deep Water (Elise) 10-10:45am lanes 1-3		9:00-3:00pm Adult Lap lanes 3,4,5 or more	9:15-12:30 Open Member Swim
11am	11:00-12:00 Aqua Exercise (Pat) lanes 1-3		11:00-12:00 Aqua Exercise (Pat) lanes 1-3		11:00-12:00 Aqua Exercise (Pat) lanes 1-3		
	11:00-2PM Adult Lap Lanes 4-8	11:00-2PM Adult Lap Lanes 4-8	11:00-2PM Adult Lap Lanes 4-8	11:00-2PM Adult Lap Lanes 4-8	11:00-2PM Adult Lap Lanes 4-8		
12n	12N-2pm Open Swim lanes 1-2	12N-2pm Open Swim lanes 1-2	12N-2pm Open Swim lanes 1-2	12N-2pm Open Swim lanes 1-2	12N-2pm Open Swim lanes 1-2	11-1:30pm Open Swim	
1pm	1-2pm Adult Lap swim lanes 3-8	1-2pm Adult Lap swim lanes 3-8	1-2pm Adult Lap swim lanes 3-8	1-2pm Adult Lap swim lanes 3-8	1-2pm Adult Lap swim lanes 3-8	12:30-1:30pm Rental	12:30-1:30pm Rental
2pm	The Main Pool is closed Monday thru Friday					Open Swim/Lap Swim until 3pm	Open Swim 1:30-2pm
3pm	LRSC	LRSC	LRSC	LRSC	LRSC	Please Shower before entering the pool and read through our pool rules, and swim test policies	
4pm	Preschool Lesson 4:15-5pm	LRSC	Youth Lesson 4:15-5pm	LRSC	LRSC		
5pm	5:15-6:00PM Adult Lap	LRSC	5:15-6:00PM Special Olympics Team Lanes 1,2	LRSC	5:15-7:00PM Adult Lap		
	Deep Water Aerobics (Maddy) 5:30-6:15pm	LRSC	Deep Water Aerobics (Maddy) 5:30-6:15pm	LRSC			
6pm	5:15-7:00pm 4+ Adult Lap lanes available	LRSC	LRSC	LRSC	6-7:00pm 4 Adult Lap lanes available		
7pm	Adult lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Schedule is subject to change, go to <a href="http://www.bathymca.org">www.bathymca.org</a> for the most up to date changes and cancellations	

Interested in swim lessons? Ask us about our Y Splash April break learn to swim program! (April 18-22)  
sean@bathymca.org OR areiley@bathymca.org

\*Please see our Swim Meet Closure List for dates and times the pools will be closed