



# Winter I/T Pool Schedule

## January 1- February 24, 2019

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	5:00-8:00AM Adult Swim	5:00-9AM Adult Swim	5:00-9AM Adult Swim	5:00-9AM Adult Swim	5:00-8:15AM Adult Swim		
7am	8:00-9:00a Aqua Yoga (Amanda)		9-10:00am Parent & Child/ Preschool Lessons		8:15-9:00a Strength and Balance	7:00-8:00AM Adult Swim	
9am		9-9:45am Woolwich lessons	10-10:30am Enrichment	9-9:45am Learning Land	9:15-10:00 Little Schoolhouse	8:00-10:00a preschool lessons	
10am	9:00-10:00am Open Swim	9:45-10:45 Lisbon School	10:30-11am Enrichment	10-10:45 Little Schoolhouse	10:00-11:00a open swim	Preschool Lessons	9:15-10:30am Open Swim
11am	10:00-12:00N Adult Swim	10:45-11:30a Yarthritis (Ann)	11-11:30am Enrichment	10:45-11:30a Yarthritis (Ann)		10:10a-12N Parent & Child	10:30-11:30am Adult Swim
12pm		11:30-12:15p Yarthritis (Kathy)	11:30-12:30PM Adult Swim	11:30-12:15p Yarthritis (Kathy)	11:00A-1:00P Adult Swim	Parent & Child	11:30am-12:30pm Open Swim
1pm	12N-2 Open swim	12:15-1:00 Fisher Mitchell	12:30-2:00PM Open Swim	12:15-1:00 Fisher Mitchell		12-12:30pm Adult Swim	12:30-1:30pm Pool Rental (call for avail.)
2pm		1-3:30pm GBPT	Midcoast Hospital 2pm-3:30pm	1-3:30pm GBPT	1:00-2:00 Pathways	12:30-1:30p Pool Rental (call for avail.)	1:30-2:30 Open swim
3pm	Midcoast Hospital 2pm-3:30pm	3:30-4:30pm Open Swim	3:30-4:30pm Open Swim	3:30-4:30pm Open Swim	2:00-4:00pm Open Swim	1:30-3:30pm Open Swim	
4pm	3:30-5:15pm Open Swim	4:30-5:15p Preschool Lessons	4:30-5:15pm Youth Lessons	4:30-5:15pm Preschool Lessons	Y-Care Swim 4-4:45pm		
5pm	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	5:15-6:15pm Adult Swim	3:30-4:30pm Adult Swim	
6pm	6:15-7:15 Open Swim	6:15-7:15 Open Swim	6:15-7:15 Open Swim	6:15-7:00 Open Swim	6:15-7:15 Open Swim		
8pm	7:15-8:30 Adult Swim	7:15-8:30 Adult Swim	7:15-8:30 Adult Swim	7-7:45PM H2O Aerobics (Kim) adult swim 8:00-8:30	7:15-8:30PM Adult Swim		

The Hot tub is drained and cleaned every Tuesday from 1pm until approximately 4pm. Thank you for your understanding!

Updated schedule as of 12/19/2018

Please Shower before entering the pool and read through our pool rules, and swim test polcies before entering the pool

Schedule is subject to change, go to [www.bathymca.org](http://www.bathymca.org) for the more info.