



Main Pool Schedule Early Spring February 25 - April 14, 2019

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	5:00-11:00 Lap Swim All lanes	5:00-9:00 Lap Swim Ins 1-5 LRSC Ins 6-8	5:00-9:00 Lap Swim 5+ lanes	5:00-9:00 Lap Swim Ins 1-5 LRSC Ins 6-8	5:00-11:00 Lap Swim All lanes	7:00-9:00 Lap Swim 3+ Lanes	
7am		7-7:45am Splash and Dash lanes 1-3		7-7:45am Splash and Dash lanes 1-3		7:30-8:30am Masters Swim (Lns 5-8)	Pool opens at 9:15AM
9am		Deep Water Aerobics 9:00-9:45am lanes 1-3	Deep Water Aerobics 9:00-9:45am lanes 1-3	Deep Water Aerobics 9:00-9:45am lanes 1-3		8:00a-10:30am Swim Lessons lanes 1&2	Lap Swim 4+ Lanes 9:15-12:30p
10am		9:00-9:45am Woolwich 3rd grade lanes 7-8	9:00-11:00am Lap Swim 4+ Lanes	9:00-11:00am Lap Swim 4+ Lanes		9:00-1:30pm Lap swim 4+ Lanes	9:15-10:30a Open Swim Lanes 1 & 2
11am	11:00-12:00 Aqua Exercise lanes 1-4	Lisbon Schools 9:45-10:45am lanes 6,7,8	11:00-12:00 Aqua Exercise lanes 1-4		11:00-12:00 Aqua Exercise lanes 1-4	LRSC 9:00-10:30a lanes 4-6	open kayak skills lanes 5-8 10:30-12:30
	11:00-3:00PM Lap Swim 4+ lanes avail.	11:00am-3PM Lap Swim Lanes 3-8	11:00-3:00PM Lap Swim 4+ lanes avail.	11:00-3PM Lap Swim Lanes 3-8	11:00-3:00PM Lap Swim 4+ lanes avail.	11-12:30pm Open Swim lanes 1 & 2	starting 1/20. Call to sign up
12n	12N-3pm Open Swim lanes 1&2	1:00pm-3:00pm Open Swim lanes 1&2	12N-3pm Open Swim lanes 1&2	1:00pm-3:00pm Open Swim lanes 1&2	1:15-3pm Open Swim lanes 1&2	Pool rental 12:30-1:30pm (call for avail.)	Pool rental 12:30-1:30p (call for avail.)
1pm		12:15-1:00pm Fisher Mitchell 3rd grade Lessons lanes 1-2		12:15-1:00pm Fisher Mitchell 3rd grade Lessons lanes 1-2	12:30-1:15pm West Bath 3rd grade Lessons lanes 1-2	Lap Swim 6+ Lanes 1:30-4:30pm	Lap Swim 6+ Lanes 1:30-2:30pm
2pm						Open Swim Lanes 1 & 2 1:30-4:30pm	Open swim Lanes 1 & 2 1:30-2:30pm
3pm	LRSC	LRSC	LRSC	LRSC	LRSC		
4pm	LRSC	LRSC	LRSC	LRSC	LRSC		
5pm	Special Olympics Youth swim team lanes 7&8 5:30-6:00pm	LRSC/Youth Swim Lessons	Special Olympics Adult Swim Team lanes 7&8 5:15-6:00pm	LRSC/ Youth Swim Lessons	5:30-8:30pm Lap Swim 6 lanes		
6pm	Adult Stroke Improvement lanes 7 & 8 6:00-6:45pm	LRSC	5:15-6:00PM Lap Swim 5+ lane	LRSC	5:30- 8pm open swim Lanes 1&2		
7pm	Open swim Lanes 1 & 2 6:45-8:30pm	Open swim Lanes 1 & 2 6:45-8:30pm	Open swim Lanes 1 & 2 6:45-8:30pm	Open swim Lanes 1 & 2 6:45-8:30pm			Long Reach Swim Club fall season runs 9/6/18 - 3/29/19
8pm	5:30-8:30PM Lap Swim 5+ lane	7:00-8:30pm Open Laps	7:00-8:30pm Open Laps	7:00-8:30pm Open Laps	5:30-8:30pm Open Laps		

Interested in swim lessons? Ask us about our Early Spring and Spring swim lesson sessions!

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*Please note that our HOT TUB is drained and cleaned every Tuesday at 1 pm and remains closed until approximately 4pm.

Updated Pool Schedule as of : 2/6/2019

Schedule is subject to change, go to www.bathymca.org for the most up to date schedules.