



# LANDING Y GYM SCHEDULE

## FALL 2019: UPDATED 10-15-19

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 a.m.						
7 a.m.	<b>OPEN GYM</b> 6-8 a.m.	<b>OPEN GYM</b> 6-8 a.m.	<b>OPEN GYM</b> 6-9 a.m.	<b>OPEN GYM</b> 6-8 a.m.	<b>OPEN GYM</b> 6-8 a.m.	
8 a.m.	<b>BEGINNER PICKLEBALL</b> 8-9:30 a.m. Court 1	<b>PICKLEBALL</b> 8-10:30 a.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix		<b>PICKLEBALL STRATEGY CLINIC</b> (Starts 9/26) 8-9 a.m.	<b>PICKLEBALL</b> 8-10:30 a.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix	<b>OPEN GYM</b> 8-9 a.m.
9 a.m.	<b>PICKLEBALL</b> 8 a.m. to Noon First 90 minutes 3.5+ on Court 3 3.0 on Court 2 After, All Levels Mix		<b>PICKLEBALL</b> 9 a.m. to Noon First 90 minutes 3.5+ on Court 3 3.0 on Court 2 After, All Levels Mix	<b>PICKLEBALL</b> 9 a.m. to Noon First 90 minutes 3.5+ on Court 3 3.0 on Court 2 After, All Levels Mix		
10 a.m.		<b>SPECIAL ACTIVITIES</b> 10:30 a.m. to Noon				<b>PICKLEBALL</b> 9 a.m. to Noon Open Play
11 a.m.					<b>OPEN GYM</b> 10:30-12:30 p.m.	
Noon				<b>BEGINNER PICKLEBALL</b> (Starts 9/26) Noon to 1 p.m.		
1 p.m.	<b>REAL SCHOOL</b> 12:30-1:30 p.m.	<b>REAL SCHOOL</b> 12:30-1:30 p.m.	<b>MERRYMEETING ADULT ED BEGINNER PICKLEBALL</b> 12:30-2:30 p.m. (10/16-11/13)	<b>ROCK STEADY WARMUP</b> 1-2 p.m.	<b>REAL SCHOOL</b> 12:30-1:30 p.m.	
2 p.m.		<b>ROCK STEADY WARMUP</b> 1:30-2 p.m.				
3 p.m.	<b>OPEN GYM</b> 1:30-5 p.m.	<b>OPEN GYM</b> 2-5 p.m.		<b>OPEN GYM</b> 2-5 p.m.	<b>OPEN GYM</b> 1:30-5 p.m.	
4 p.m.			<b>OPEN GYM</b> 3-5:30 p.m.			
5 p.m.		<b>PICKLEBALL</b> 5-7:15 p.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix		<b>PICKLEBALL</b> 5-7:15 p.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix		
6 p.m.	<b>BASKETBALL</b> 5-7:15 p.m.		<b>MERRYMEETING ADULT ED INTERMEDIATE PICKLEBALL</b> 5:30-7:15 p.m. (10/16-11/13)			
7 p.m.						

**KEY**

- OUTSIDE PROGRAM
- BASKETBALL
- CLASSES
- PICKLEBALL
- ACTIVITIES
- OPEN GYM
- SCHOOLS

QUESTIONS? Call (207) 844-2801 or go to [bathymca.org](http://bathymca.org).

Monday-Thursday: 6 a.m. to 7:30 p.m.  
Friday: 6 a.m. to 5 p.m.  
Saturday: 8 a.m. to Noon.; Sunday: CLOSED