



Private Swim Lesson

Participant Request Form

Private lessons often yield great results. Working one-on-one with an instructor allows greater focus on the individual's skills and abilities. Private lessons can be arranged for any skill level by appointment. Each lesson is scheduled for 45 minutes.

Ages: age 3 through adult, all levels and abilities

Fee:

\$50/class

Participant's Name: _____ **Age:** ____ **Date Submitted**_____

Membership Type (Please circle) Youth Adult Senior Family or Program Member

Contact Information

Parent/Guardian (If under 18): _____

Phone Number: _____ **Cell Phone Number:** _____

Email Address: _____

Swimming Ability (Please Circle One): Beginner Intermediate Advanced

**Best Day for Lessons (Please circle one): Monday Tuesday Wednesday
Thursday Friday**

Special Needs (This information is used to best match participant and instructor):

Learning Disabilities No ___ Yes _____

Physical Limitations No ___ Yes _____

Fear of Water/Past Traumatic event No ___ Yes _____

Medical Needs No ___ Yes _____

Private Swim Lesson Information Form

Participant's Name: _____ Age: _____

PARTICIPANT EVALUATION (Complete this form to the best of your ability)

1. Prior swim lessons? Yes / No

If yes where and what level: _____

Personal goals for the swim lessons:

2. Any fear or apprehension of putting face in water? Yes / No

3. Any fear of water over your head? Yes / No

4. Able to float? Yes / No

5. Can you swim the freestyle or front crawl? Yes / No

6. Can the participant swim (Please circle all that apply):

Backstroke

Breaststroke

Butterfly

Sidestroke

7. Traditional workout? (Please circle all that apply)

Laps

Recreational swim

Open water

Competitive swim

8. Able to dive safely? Yes / No

Thank you for choosing YMCA Swim Lessons.

If you have any questions or concerns, please do not hesitate to call or email:
Sponge Savage at (207) 443-4112 ext. 23 or sponge@bathymca.org

Participant Private Swim Lesson Policy

This page to be retained by member

POLICIES AND PROCEDURES

1. Private Swim Lessons are appropriate for all ages 3 and older.
2. The “Request Form” should be completed for each initial session.
3. Lesson Registrations are dependent upon Swim Instructor and facility availability.
4. You will be contacted via email after submitting your Request Form. Your lesson day and time will be coordinated by Bath Area Family YMCA’s Aquatic Staff.
5. Payment must be made PRIOR to your FIRST PRIVATE SWIM LESSON. Payment must be paid in full by the first lesson, at our Member Services Desk.
6. If a cancellation is made, a make-up class will ONLY be allowed if notification was made at least 24 hours in advance of your scheduled class. Please attempt to contact your Swim Instructor directly, and always call the YMCA (207) 443-4112 ext. 23 if unable to reach your instructor.

SWIM EQUIPMENT

Swim equipment is provided.

Personal goggles and swim caps are recommended.

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