

# Gymnastics Assistant Coach

## YMCA

Bath Area Family YMCA

## Location

Bath, Maine 04530

## Job Description

Responsible for coaching gymnastics in accordance with the policies established by the Board of Directors of the Bath Area Family YMCA, along with the mission and goals of the YMCA. This person will promote team building and camaraderie between team members, their parents and other team coaches. This person will also coach preschool, youth and pre-team classes.

## Qualifications

- 2-3 years of related instruction, coaching or past competitive experience.
- Instructor for preschool, youth, and pre-team classes and Xcel Silver-Diamond Team.
- Practical knowledge of progressive skill building as related directly to instructional gymnastics and working knowledge of USA gymnastics.
- Excellent interpersonal, communication, and problem-solving skills.
- Possess strong leadership qualities and work as a team member.
- A passion for supporting positive youth development through gymnastics.
- Applicants must be 18 years or older.

## Essential Functions

- Co-Plans and implements programs, leagues, camps, clinics and classes which may include but are not limited to preschool, school age and pre-team.
- Works with coach to establish new program activities and expand programs in accordance with strategic and operating plans.
- Ensures proper building coverage is present for all program-related functions in accordance with program needs.
- Co-establishes new program activities and expands programs in accordance with strategic and operating plans.
- Know and follow the USA Gymnastics policies and procedures, including proper spotting techniques.
- Recognize individual differences and adjust teaching strategies as needed for the success of all gymnastics.
- Enforce specific rules and regulations which limit risk to participants.
- Follow emergency procedures and safety precautions including procedures for reporting all accidents, incidents and hazards.
- Facilitate communication and provide leadership. Model relationship-building skills (including Listen First) in all interactions.
- Ensures a positive working and program environment emphasizing the YMCA's areas of focus and character values.
- Supervise the development and recruitment of volunteer staff and interns

- Always follow and enforce safety guidelines, ensuring a safe environment, both physically and emotionally, for all participants and staff. Ensure compliance with state and local regulations and ensure that program standards are met.
- Work cooperatively with the Facilities Department to ensure the cleanliness and safety of all program equipment and facility areas.
- Provide leadership in the organization, preparation, and upkeep of program equipment.

### **Cause-Driven Leadership® Competencies**

- Communication & Influence
- Developing Self & Others
- Engaging Community

### **Required Certifications**

- Completion of First Aid and CPR training within 60 days of hire

### **Salary**

Compensation commensurate with experience.  
Willing to train the right candidate.

This is a part-time position of up to 15 hours per week. Must be available after 4pm and on Saturday mornings.

## **How to Apply**

### **Apply by Email**

[jody@bathymca.org](mailto:jody@bathymca.org)