



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN	
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2			
OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.				
	SILVER FIT 8-9 a.m.	PICKLE-BALL 7-9 a.m.	CORE + BALANCE 8:15-8:45 a.m.	PICKLEBALL 7-10:30 a.m.	SILVER FIT 8-9 a.m.		CORE + BALANCE 8:15-8:45 a.m.		SILVER FIT 8-9 a.m.			
PICKLEBALL 7-10:30 a.m.			CARDIO + STRENGTH + CORE 9-10:30 a.m.			PICKLEBALL 7 a.m.-12:30 p.m.	CARDIO + STRENGTH + CORE 9-10:30 a.m.		PICKLEBALL 7-10:30 a.m.	PICKLE-BALL 8-10 a.m.	FAMILY OPEN GYM (half court) 9a.m.-1 p.m.	
SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.		UNIFIED 10:30-11:30 a.m.	FAMILY OPEN GYM 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.				SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.	PICKLE-BALL (half court) 9-11 a.m.	
ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.				ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.					ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.		OPEN GYM (half court) 11 a.m.-1 p.m.	
		OPEN GYM 11:30 a.m.-4 p.m.									OPEN GYM 10 a.m.-5 p.m.	YOUTH VOLLEY-BALL (half court) 1-2:30 p.m.
OPEN GYM 1-5:15 p.m.				OPEN GYM 1-4 p.m.					OPEN GYM 1-5 p.m.			
		ROCK WALL OPEN CLIMBING 4-7 p.m.		REC BASKETBALL 4-7 p.m.								
VOLLEYBALL LEAGUE 5:15-9 p.m.		REC BASKETBALL 4-5:30 p.m.				REC BASKETBALL 5:30-7 p.m.		FAMILY OPEN GYM 5-7 p.m.		ROCK WALL OPEN CLIMBING 4-7 p.m.		
GYMNASTICS 5:30-8 p.m.		PICKUP BASKETBALL 6-9 p.m.		GYMNASTICS 5:30-8 p.m. (Full court 7-8 p.m.)		GYMNASTICS 5:30-8 p.m.		OPEN GYM 7:30-9 p.m.				

During Family Open Gym we lower our basketball hoops and have family friendly activities available!

Did you know? Open Gym times can be used for pickleball, basketball, volleyball and more!