



# Private Swim Lesson Participant Request Form

Private lessons often yield great results. Working one-on-one with an instructor allows greater focus on the individual's skills and abilities. Private lessons can be arranged for any skill level by appointment. Each lesson is scheduled for 30 minutes.

Fee: Member \$50 / Non member \$75

Participant's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date Submitted: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Membership Type (Please circle) Youth Adult Senior Family or Program Member

Parent/Guardian/Emergency Contact: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Swimming Ability (Please Circle One): Beginner Intermediate Advanced

Best Time/Day: \_\_\_\_\_

Special Needs (This information is used to best match participant and instructor):

Learning Disabilities No \_\_\_ Yes \_\_\_\_\_

Physical Limitations No \_\_\_ Yes \_\_\_\_\_

Fear of Water/Past Traumatic event No \_\_\_ Yes \_\_\_\_\_

Medical Needs No \_\_\_ Yes \_\_\_\_\_

# Private Swim Lesson Information Form

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_

PARTICIPANT EVALUATION (Complete this form to the best of your ability)

1. Prior swim lessons? Yes / No

If yes where and what level: \_\_\_\_\_

Personal goals for the swim lessons: \_\_\_\_\_

2. Any fear or apprehension of putting face in water? Yes / No

3. Any fear of water over your head? Yes / No

4. Able to float? Yes / No

5. Can you swim the freestyle or front crawl? Yes / No

6. Can the participant swim (Please circle all that apply):

Backstroke      Breaststroke      Butterfly      Sidestroke

7. Traditional workout? (Please circle all that apply)

Laps      Recreational swim      Open water      Competitive swim

8. Able to dive safely? Yes / No

Thank you for choosing YMCA Swim Lessons.

If you have any questions or concerns, please do not hesitate to call or email:  
Lily Crocker at (207) 443-4112 ext. 23 or [lily@bathymca.org](mailto:lily@bathymca.org)

# Participant Private Swim Lesson Policy

*This page to be retained by member*

## POLICIES AND PROCEDURES

1. Private Swim Lessons are appropriate for all ages 6 months and older.
2. Lesson registrations are dependent upon swim instructor and facility availability.
3. You will be contacted via email after submitting your Request Form. Your lesson day and time will be coordinated by Bath Area Family YMCA's Aquatic Staff.
4. Payment must be made prior to your lesson, all weekly lessons are billed for on the Monday of each week and payment should be made at our Welcome Center prior to the lesson.
5. If a cancellation is needed, please try to make notification ASAP. Please attempt to contact your Swim Instructor directly, and always call the YMCA (207) 443-4112 ext. 23 if unable to reach your instructor. Lesson time slot will be lost after 3 last minute cancellations.
6. Swim equipment is provided. Personal goggles and swim caps are recommended.

If you have any questions or concerns, please do not hesitate to call or email:  
Lily Crocker at (207) 443-4112 ext. 23 or [lily@bathymca.org](mailto:lily@bathymca.org)