



BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5 - 7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am			
	SILVER FIT 8 - 9am	PICKLEBALL 7 - 11:30am	CORE + BALANCE 8:15 - 8:45am		SILVER FIT 8 - 9am	PICKLEBALL 7 - 11:30am	CORE + BALANCE 8:15 - 8:45am		SILVER FIT 8 - 9am	OPEN GYM 8-9:30am	
PICKLEBALL 7 - 10:30am			CARDIO + STRENGTH + CORE 9 - 10:30am				CARDIO + STRENGTH + CORE 9 - 10:30am			PICKLEBALL 7 - 10:30am	PICKLEBALL LESSONS 9:30am - 11pm
SILVER FIT 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am		UNIFIED 10:30 - 11:30am	FAMILY OPEN GYM 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am			SILVER FIT 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am		
ADULT PICKUP BASKETBALL 11:30am - 1pm				ADULT PICKUP BASKETBALL 11:30am - 1pm		WOMEN'S PICKLEBALL 11:30am - 12:30pm		ADULT PICKUP BASKETBALL 11:30am - 1pm			FAMILY OPEN GYM (half court) 9am - 1pm
OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 11:30am - 5:30pm				OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm		WEEKEND OPEN GYM* 11AM - 5pm	OPEN GYM (half court) 11am - 3pm
		ROCK WALL OPEN CLIMBING 4 - 7pm									
	TRAVEL BASKETBALL 5:30 - 7pm										
GYMNASTICS 5:30 - 8pm		VOLLEYBALL LEAGUE 5:30 - 9pm		GYMNASTICS 5:30 - 8pm		GYMNASTICS 5:30 - 8pm					
								ROCK WALL OPEN CLIMBING 4 - 7pm			
									OPEN GYM 7:30 - 9PM		

*Open Gym on the weekends is contingent on party rentals - please call us or check online to confirm the gym is free.