BATH GYMNASIUM SCHEDULE

Updated 3-4-23

MONDAY

COURT 1

- OPEN GYM 5 – 7am
- PICKLEBALL 7 – 10:30am
- SENIOR STRONG 10:30 – 11:30am
- ADULT PICKUP BASKETBALL 11:30am – 1pm
- OPEN GYM & TEEN TIME 1 – 5:30pm
- GYMNASTICS 5:30 – 8pm

COURT 2

- SENIOR STRONG 8 – 9am
- SENIOR BASKETBALL 10:30 – 11:30am
- TRAVEL BASKETBALL 5:30– 7pm

TUESDAY

COURT 1

- OPEN GYM 5-7am
- PICKLEBALL 7 – 11:30am
- OPEN GYM & TEEN TIME 11:30am – 5:30pm
- ROCK WALL OPEN CLIMBING 4 – 7pm
- VOLLEYBALL LEAGUE 5:30 – 9pm

COURT 2

- CORE + BALANCE 8:15 – 8:45am
- CARDIO + STRENGTH + CORE 9 – 10:15am
- UNIFIED 10:30 – 11:30am
- PICKLEBALL LESSONS 11:30am – 1pm

WEDNESDAY

COURT 1

- OPEN GYM 5-7am
- PICKLEBALL 7 – 10:30am
- FAMILY OPEN GYM 10:30 – 11:30am
- ADULT PICKUP BASKETBALL 11:30am – 1pm
- OPEN GYM & TEEN TIME 1 – 5:30pm
- GYMNASTICS 5:30 – 8pm

COURT 2

- SENIOR STRONG 8 – 9am
- SENIOR BASKETBALL 10:30 – 11:30am

THURSDAY

COURT 1

- OPEN GYM 5-7am
- PICKLEBALL 7 – 11:30am
- WOMEN'S PICKLEBALL 11:30am – 12:30pm
- OPEN GYM & TEEN TIME 1 – 4:30pm
- GYMNASTICS 5:30 – 8pm

COURT 2

- CORE + BALANCE 8:15 – 8:45am
- CARDIO + STRENGTH + CORE 9 – 10:15am
- YOUTH SPORTS SAMPLER 4:30 – 5:30PM

FRIDAY

COURT 1

- OPEN GYM 5-7am
- PICKLEBALL 7 – 10:30am
- ADULT PICKUP BASKETBALL 11:30am – 1pm
- OPEN GYM & TEEN TIME 1 – 5:30pm
- ROCK WALL OPEN CLIMBING 4 – 7pm
- OPEN GYM 7:30 – 9PM

COURT 2

- SENIOR STRONG 8 – 9am
- SENIOR STRONG 10:30 – 11:30am
- SENIOR BASKETBALL 10:30 – 11:30am

SAT

- WEEKEND OPEN GYM* 8M – 5pm

SUN

- PICKLEBALL (half court) 9am – 11am
- FAMILY OPEN GYM (half court) 9am – 1pm
- OPEN GYM (half court) 11am – 3pm

*Open Gym on the weekends is contingent on party rentals – please call us or check online to confirm the gym is free.

Open gym times can be used for basketball, pickleball and more