



# BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN	
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2			
OPEN GYM 5 - 7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am				
	FOREVER FIT PLUS 8 - 9am	PICKLEBALL 7 - 11:30am	CORE + BALANCE 8:15 - 8:45am		FOREVER FIT PLUS 8 - 9am	PICKLEBALL 7 - 11:30am	CORE + BALANCE 8:15 - 8:45am		LOW IMPACT AEROBICS 8 - 9am	PICKLEBALL (half court) 8 - 11am		
PICKLEBALL 7 - 10:30am			CARDIO + STRENGTH + CORE 9 - 10:15am				CARDIO + STRENGTH + CORE 9 - 10:15am				PICKLEBALL 7 - 10:30am	PICKLEBALL (half court) 9am - 11am
FOREVER FIT 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am		UNIFIED 10:30 - 11:30am	FAMILY OPEN GYM 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am				SENIOR BASKETBALL 10:30 - 11:30am	WEEKEND OPEN GYM* 8M - 5pm	FAMILY OPEN GYM (half court) 9am - 1pm	
ADULT PICKUP BASKETBALL 11:30am - 1pm				ADULT PICKUP BASKETBALL 11:30am - 1pm		WOMEN'S PICKLEBALL 11:30am - 12:30pm		ADULT PICKUP BASKETBALL 11:30am - 1pm				
OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 11:30am - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm				OPEN GYM (half court) 11am - 3pm
YOUTH SPORTS PROGRAMMING 4 - 5PM		ROCK WALL OPEN CLIMBING 4 - 7pm				YOUTH SPORTS PROGRAMMING 4:30 - 5:30PM		ROCK WALL OPEN CLIMBING 4 - 7pm				
GYMNASTICS 5:30 - 8pm		VOLLEYBALL LEAGUE 5:30 - 9pm		GYMNASTICS 5:30 - 8pm		GYMNASTICS 5:30 - 8pm			OPEN GYM 7:30 - 9PM			

\*Open Gym on the weekends is contingent on party rentals - please call us or check online to confirm the gym is free.

Open gym times can be used for basketball, pickleball and more