

AUGUST 2025

Bath YMCA Summer Program

Menu Subject to Change Without Notice

Monday

Tuesday

Wednesday

Thursday

Friday



Cereal-ously Love Breakfast! 4

Whole Grain Frosted Flake Bowl
Applesauce
Option Raisin Pack
Milk

Muffin Compares to Breakfast! 11

Whole Grain Fruit Muffin
Fresh pear
Yogurt Tube
Milk

Cereal-ously Love Breakfast! 18

Whole Grain Frosted Flake Bowl
Applesauce
Option Raisin Pack
Milk

Start your day the bagel way! 5

Whole Grain Bagel
w/ Cream Cheese
Clementines
Milk

Cereal – brate today! 12

Whole Grain Cheerio Bowl
Banana
100% Juice Box
Milk

Start your day the bagel way! 19

Whole Grain Bagel
w/ Cream Cheese
Clementines
Milk

Berry Tasty Parfait! 6

Vanilla Yogurt layered with
Maine Blueberries
Nature Valley Oat Bar
Milk

Don't be jelly – eat a croissant! 13

Whole Grain Croissant
with Jelly
Apples
Milk

Berry Tasty Parfait! 20

Vanilla Yogurt layered with
Maine Blueberries
Nature Valley Oat Bar
Milk

Cereal-ously Delicious! 7

Whole Grain Chex Cereal
Banana
Apple
Milk

An Egg-citing Breakfast! 14

Hard Boiled Eggs, Cubed
Cheese, Grapes & Granola
Packs
Milk

Cereal-ously Delicious! 21

Whole Grain Chex Cereal
Banana
Apple
Milk

A Gra-hamazing Breakfast! 2

Whole Grain Graham Crackers
Wow butter Cups
Apple Slices
Cheese Stick
Milk

Life is batter with pancake! 8

Whole Grain Pancake Poppers
w/ Syrup
Dole Fruit Cups
Cheese Stick
Milk

A Gra-hamazing Breakfast! 15

Whole Grain Graham Crackers
Wow butter Cups
Apple Slices
Cheese Stick
Milk

Life is batter with pancake! 22

Whole Grain Pancake Poppers
w/ Syrup
Dole Fruit Cups
Cheese Stick
Milk

26

27

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29

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