

Monday
Tuesday
Wednesday
Thursday
Friday

Pizza Munchable
4

Flatbreads, Marinara, Cheese
Pineapple Chunks
Fresh Pea Pods
Milk

Turkey & Cheese Pita Po
5

Turkey & Cheese in a Pita
Fresh Cherry Tomatoes
Diced Peach Cup
Milk

Chicken Caesar Salad Shake
6

Chicken, Cheese, Romaine,
Croutons, Caesar Dressing
Whole Grain Sun Chips
Fresh Grape Cup
Milk

Summer Pasta Salad
7

Whole Grain Pasta, Diced Ham,
Shredded Cheese, Diced Cucumber,
Shredded Carrots, Optional Dressing
Fresh Whole Pears
Pretzel Goldfish
Milk

Sun butter & Jelly Bagged L
8

Sun butter & Jelly Uncrustable
Cheese Stick
Mandarin Orange Cup
Fresh Baby Carrots w/ Ranch Dip
Milk

Yogurt Snack Pack
11

Vanilla Yogurt Cup
Whole Grain Teddy Grahams
Cheese Stick
Banana
Fresh Apple
Milk

Turkey & Cheese Munchal
12

Turkey Coins & Cheese Cubes
Whole Grain Cheese It's
Fresh Cantaloupe Chunks
Fresh Broccoli
Milk

Ham & Cheese on a Bun
13

Ham & Cheese Sandwich
Assorted Fresh Pepper Strips
Fresh Clementines
Popcorn Bag
Milk

Chicken Fajita Salad Shak
14

Seasoned Chicken, Cheese,
Romaine & Corn
Whole Grain Tortilla Chips
Sour Cream & Salsa
Milk

Cold Asian Noodle Salad
15

Whole Grain Spaghetti tossed in a
light sauce with fresh peapods and
shredded carrots
Mandarin Orange Cup
Whole Grain Dinner Roll
Milk

Turkey & Cheese Bagel Sand
18

Turkey & Cheese on a Whole Grain
Bagel
Optional Mayo/Mustard
Fresh Carrot Bag
Tropical Fruit Cup
Milk

Hummus Munchable Pac
19

Hummus, Tortilla Rounds, Mixed
Fresh Vegetables
Cheese Stick
Fresh Grape Cup
Milk

Ham & Cheese Pretzel Su
20

Ham & Cheese on a Whole Grain
Pretzel Bun
Optional Honey Mustard
Fresh Pea Pods
Pineapple Chunk Cup
Milk

**Chicken or Tuna Salad
Lunch Pack**
21

Choice of Chicken or Tuna
Whole Grain Crackers
Fresh Cucumber Slices
Raspberries
Cubed Cheese
Milk

Taco Pasta Salad Cup
22

Whole Grain Pasta tossed in taco
dressing with corn, black beans and
shredded cheese.
Fresh Cubed Watermelon
Whole Grain Tortilla Scoops
Milk

26
27
28
29
30