

BREAKFAST

JULY 2025

Menu is subject to change without notice

Bath YMCA Summer Program

Monday
Tuesday
Wednesday
Thursday
Friday
1
Cereal – brate today!

Whole Grain Cheerio Bowl
Banana
100% Juice Box
Milk

Don't be jelly – eat a croissant!

Whole Grain Croissant
with Jelly
Apples
Milk

An Egg-citing Breakfast!

Hard Boiled Eggs, Cubed
Cheese, Grapes & Granola
Packs
Milk

4
Fourth of July!
Cereal–ously Love Breakfast!

Whole Grain Frosted Flake Bowl
Applesauce
Option Raisin Pack
Milk

**Start your day
the bagel way!**

Whole Grain Bagel
w/ Cream Cheese
Clementines
Milk

Berry Tasty Parfait!

Vanilla Yogurt layered with
Maine Blueberries
Nature Valley Oat Bar
Milk

Cereal–ously Delicious!

Whole Grain Chex Cereal
Banana
Apple
Milk

Life is batter with pancakes!

Whole Grain Pancake Poppers
w/ Syrup
Dole Fruit Cups
Cheese Stick
Milk

Muffin Compares to Breakfast!

Whole Grain Fruit Muffin
Fresh pear
Yogurt Tube
Milk

Cereal – brate today!

Whole Grain Cheerio Bowl
Banana
100% Juice Box
Milk

Don't be jelly – eat a croissant!

Whole Grain Croissant
with Jelly
Apples
Milk

An Egg-citing Breakfast!

Hard Boiled Eggs, Cubed
Cheese, Grapes & Granola
Packs
Milk

A Gra-hamazing Breakfast!

Whole Grain Graham Crackers
Wow butter Cups
Apple Slices
Cheese Stick
Milk

Cereal–ously Love Breakfast!

Whole Grain Frosted Flake Bowl
Applesauce
Option Raisin Pack
Milk

**Start your day
the bagel way!**

Whole Grain Bagel
w/ Cream Cheese
Clementines
Milk

Berry Tasty Parfait!

Vanilla Yogurt layered with
Maine Blueberries
Nature Valley Oat Bar
Milk

Cereal–ously Delicious!

Whole Grain Chex Cereal
Banana
Apple
Milk

Life is batter with pancakes!

Whole Grain Pancake Poppers
w/ Syrup
Dole Fruit Cups
Cheese Stick
Milk

Muffin Compares to Breakfast!

Whole Grain Fruit Muffin
Fresh pear
Yogurt Tube
Milk

Cereal – brate today!

Whole Grain Cheerio Bowl
Banana
100% Juice Box
Milk

Don't be jelly – eat a croissant!

Whole Grain Croissant
with Jelly
Apples
Milk

An Egg-citing Breakfast!

Hard Boiled Eggs, Cubed
Cheese, Grapes & Granola
Packs
Milk

[Enter Additional Info]