



BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5 - 7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am		OPEN GYM 5-7am			
FOREVER FIT PLUS 8 - 9am		PICKLEBALL 7 - 11:30am	CORE + BALANCE 8:15 - 8:45am		FOREVER FIT PLUS 8 - 9am	PICKLEBALL 7 - 12:30am	CORE + BALANCE 8:15 - 8:45am		LOW IMPACT AEROBICS 8 - 9am	PICKLEBALL (half court) 8 - 11am	PICKLEBALL (half court) 9am - 11am
PICKLEBALL 7 - 10:30am			CARDIO + STRENGTH + CORE 9 - 10:15am		PICKLEBALL 7 - 10:30am		CARDIO + STRENGTH + CORE 9 - 10:15am		PICKLEBALL 7 - 10:30am		
FOREVER FIT 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am		UNIFIED 10:30 - 11:30am	FAMILY OPEN GYM 10:30 - 11:30am	SENIOR BASKETBALL 10:30 - 11:30am				SENIOR BASKETBALL 10:30 - 11:30am	YOUTH SPORTS (half court) 11am-1pm	FAMILY OPEN GYM (half court) 9am - 1pm
ADULT PICKUP BASKETBALL 11:30am - 1pm				ADULT PICKUP BASKETBALL 11:30am - 1pm				ADULT PICKUP BASKETBALL 11:30am - 1pm			
				OPEN GYM & TEEN TIME 11:30am - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm		OPEN GYM & TEEN TIME 1 - 5:30pm		WEEKEND OPEN GYM* 8M - 5pm	OPEN GYM (half court) 11am - 3pm
OPEN GYM & TEEN TIME 1 - 5:30pm											
BATH REC BASKETBALL 4 - 6pm			ROCK WALL OPEN CLIMBING 4 - 7pm	BATH REC BASKETBALL 4 - 6pm	YOUTH SPORTS PROGRAMMING 4:45 - 5:30pm				ROCK WALL OPEN CLIMBING 4 - 7pm		
GYMNASICS 5:30 - 8pm		VOLLEYBALL LEAGUE 5:30 - 9pm			GYMNASICS 5:30 - 8pm			GYMNASICS 5:30 - 8pm	ADULT DODGEBALL LEAGUE 5:30 - 7pm		Open gym times can be used for basketball, pickleball and more
									FULL COURT PICKUP BASKETBALL 7-9pm		

*Open Gym on the weekends is contingent on party rentals – please call us or check online to confirm the gym is free.