

AUGUST 2026

Bath YMCA – Summer Lunch

 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Chicken Dippers 3 Watermelon Cup WG Doritos Fresh Green Beans Milk	Ham & Cheese on a Bun 4 Fresh Peppers Clementines Milk	Chicken Taco Shaker 5 Chicken, Cheese, Corn, Romaine Tortilla Chips Milk	Turkey & Cheese Bagel 6 Celery Sticks Fruit Cocktail Milk	Meat & Cheese Charcuterie 7 Turkey & Cheese Cheese It's Cantaloupe Fresh Broccoli Milk
Taco Lunchable; 10 Taco Hummus Frito Chips Fresh peppers Pineapple Chunks Milk	Ham & Cheese Pretzel Bun 11 Honey Mustard Dipping Sauce Fresh Peapods Apples Milk	Chicken Salad 12 Whole Grain Crackers Cucumbers Grapes Milk	Pasta Salad Shaker 13 Macaroni, Tomato, Cheese, Spinach O/S Ranch Mandarin Oranges Milk	Ham & Turkey Club 14 Coleslaw Cup Raisins Milk
Pizza Dippers 17 Cheese, Pizza Sauce, Flatbreads Pineapple Milk	Turkey & Cheese Pita Pocket 18 Grape Tomatoes Peach Cup Milk	Chicken Caesar Shaker 19 Romaine, Chicken, Cheese O/S Dressing Sun Chips Grapes Milk	Pasta Salad Shaker; 20 Pasta, Ham, Cheese, Carrots Fresh Pear O/S Dressing Milk	Sunbutter & Jelly Uncrustable 21 Cheese Stick Mandarin orange Cup Carrots & Ranch Milk
Grilled Chicken Dippers 24 Watermelon Cup WG Doritos Fresh Green Beans Milk	Ham & Cheese on a Bun 25 Fresh Peppers Clementines Milk	Chicken Taco Shaker 26 Chicken, Cheese, Corn, Romaine Tortilla Chips Milk	Turkey & Cheese Bagel 27 Celery Sticks Fruit Cocktail Milk	Meat & Cheese Charcuterie 28 Turkey & Cheese Cheese It's Cantaloupe Fresh Broccoli Milk
Taco Lunchable; 31 Taco Hummus Frito Chips Fresh peppers Pineapple Chunks Milk	     			