

LUNCH

JULY 2026

Bath YMCA – Summer Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

6
 Pizza Dippers
 Cheese, Pizza Sauce, Flat-breads
 Pineapple
 Milk

7
 Turkey & Cheese Pita Pocket
 Grape Tomato
 Peach Cup
 Milk

8
 Chicken Caesar Shaker
 Romaine, Chicken, Cheese
 O/S Dressing
 Sun Chips
 Grapes
 Milk

9
 Italian Pasta Salad Shaker
 Pasta, Ham, Cheese,
 Carrots
 Fresh Pear
 O/S Dressing
 Milk

10
 Sunbutter & Jelly Uncrustables
 Cheese Stick
 Mandarin Orange Cup
 Carrots & Ranch
 Milk

13
 Grilled Chicken Dippers
 Watermelon Cup
 WG Doritos
 Fresh Green Beans
 Milk

14
 Ham & Cheese on a Bun
 Fresh Peppers
 Clementines
 Milk

15
 Chicken Taco Shaker
 Chicken, Cheese, Romaine,
 Corn
 Tortilla Chips
 Milk

16
 Turkey & Cheese Bagel
 Celery Sticks
 Fruit Cocktail
 Milk

17
 Meat & Cheese Charcuterie
 Turkey & Cheese
 Cheese It's
 Cantaloupe
 Fresh Broccoli
 Milk

20
 Taco Lunchable:
 Taco Hummus
 Frito Chips
 Peppers
 Pineapple Chunks
 Milk

21
 Ham & Cheese Pretzel Bun
 Honey Mustard Dipping
 Sauce
 Fresh peapods
 Apples
 Milk

22
 Chicken Salad
 Whole Grain Crackers
 Cucumbers
 Grapes
 Milk

23
 Pasta Salad Shaker
 Macaroni, Tomato, Cheese,
 Spinach
 Ranch Cup O/S
 Mandarin oranges
 Milk

24
 Ham & Turkey Club
 Coleslaw Cup
 Raisins
 Milk

27
 Pizza Dippers
 Cheese, Pizza Sauce, Flat-breads
 Pineapple
 Milk

28
 Turkey & Cheese Pita Pocket
 Grape Tomato
 Peach Cup
 Milk

29
 Chicken Caesar Shaker
 Romaine, Chicken, Cheese
 O/S Dressing
 Sun Chips
 Grapes
 Milk

30
 Italian Pasta Salad Shaker
 Pasta, Ham, Cheese,
 Carrots
 Fresh Pear
 O/S Dressing
 Milk

31
 Sunbutter & Jelly Uncrustables
 Cheese Stick
 Mandarin Orange Cup
 Carrots & Ranch
 Milk